## **Refreshing courses**

The reason why the people make a brakes in their driving experience are different. Most common reasons are:

- No need to drive. Transport was available or the working place was nearby or husband drove all the time
- Car wasn't available or funds for buying it wasn't available
- Fears of driving were developed
- People got their licenses in suspicious circumstances

Big brakes in the driving may dent the driving confidence in everyone life. To get back your confidence you will need 3-5 lessons in average. Most of the people get back on track very quickly and gain confidence fast. In the end of the day the driving experience is in everyone's mind and need to be awaken. But in many cases the driving school who prepared this person wasn't experienced. Often such a drivers have terrible driving habits and they need more attention to polish their skills.

If the reason to avoid driving is more serious, like developed fears of driving, you may need more attention and special treatment. Most common cause of developing fears of driving is involvement in a car accident. Than intervention of psychologist of hypnotherapist is required. I can help you with hipnotherapy as i am qualified hypnotherapist. That usually takes 3 sessions 1 or 2 hours each.

The one who provide legitimate driving licenses and still have no clue how to drive are usually foreign workers who are employed in different African countries. Being there they usually buy the

license and they don't have any experience of driving. Such a clients need about 10 lessons to learn how to drive.

The refreshing course usually includes:

- driving on variety of streets, starting from very quiet to very busy one applying gradual pressure in preparation.
- turning right at the robots. This is a difficult exercise which must be practiced until the instructor is satisfied that the student is confident in doing it
- taking off with pedals only. The requirement hand brake to be used on the test all the time doesn't develop good poling off skills and often the people after passing the test can't do it. The limited budget usually require shortest amount of lessons to be done until successful pass. This type of taking off drivers use 99% of the time.
- driving on the highway. This is easyer than driving on the normal street but more dangerous and scary.
- 2 types of real parkings. Parkings in the shopping centers without polls must be learned. First type is driving straight into parking from one side with one maneuver only. The second type of parking is when the space for maneuvering is limited and 3 movements need to be used.
- routes you will have to use often. Finally routes to work, school, shopping centers, relatives and friends need to be practiced. Doing that the driver experience situation he/she needs to deal with, but the helping hand of the instructor make them to go true with a confidence when they drive on their own.